

GAME RULES

1. Start with all pieces at HOME. The youngest player starts the game.
2. Each player takes turns to roll the dice to advance. If a player rolls a zero, they roll again.
3. If a player lands on circle that's already occupied, they can either: Move BACK two circles OR Boost their friend FORWARD two circles.
4. The first player to reach the purple mountain wins the game!



Warning Choking Hazard
Small parts. Not for children under 3 yrs.

Fill your water bottle - take another extra turn!	The sneaky beaver stole your healthy snacks! Move back to the farm for more!	The steepest part of the mountain is very challenging to conquer! Miss three turns. "More than one player can get stuck here!"	Oh no! You're stuck in a scam and cannot move forward until another player moves past you. "If no players are behind you, then you can advance!"
Eating fruits and veggies at the farm grants you another turn.	Too many sweets! All the treats distracted you. Miss a turn!	You're all mixed up and don't know which way to go! Roll the dice twice, add those numbers together, and move that many circles BACK.	You're as fast as an eagle with this scooter! Move forward 5 circles!
The sneaky beaver stole your water! Move back to the Fill-Up Fountain for a refill!	Overheated! Too much time in the sun without water is draining! Move back home to rest and get out of the heat.	The Big Bear Hug is so awesome you get an extra turn!	The magic of teleportation! Roll the dice and teleport to the corresponding door. If you roll zero, roll again!
Doctors want you to stay active! Double your dice roll this turn!	These ladders work both ways! If you land on UP, climb UP the ladder! ...But if you land on DOWN, slide back DOWN!		

HOW TO LIVE 5-2-1-0?

ROLL AGAIN Angry - unscheduled drinks	1 One hour of activity every day	2 Less than two hours of screen daily	3 Three calming breaths	4 Eat five fruits and veggies every day
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